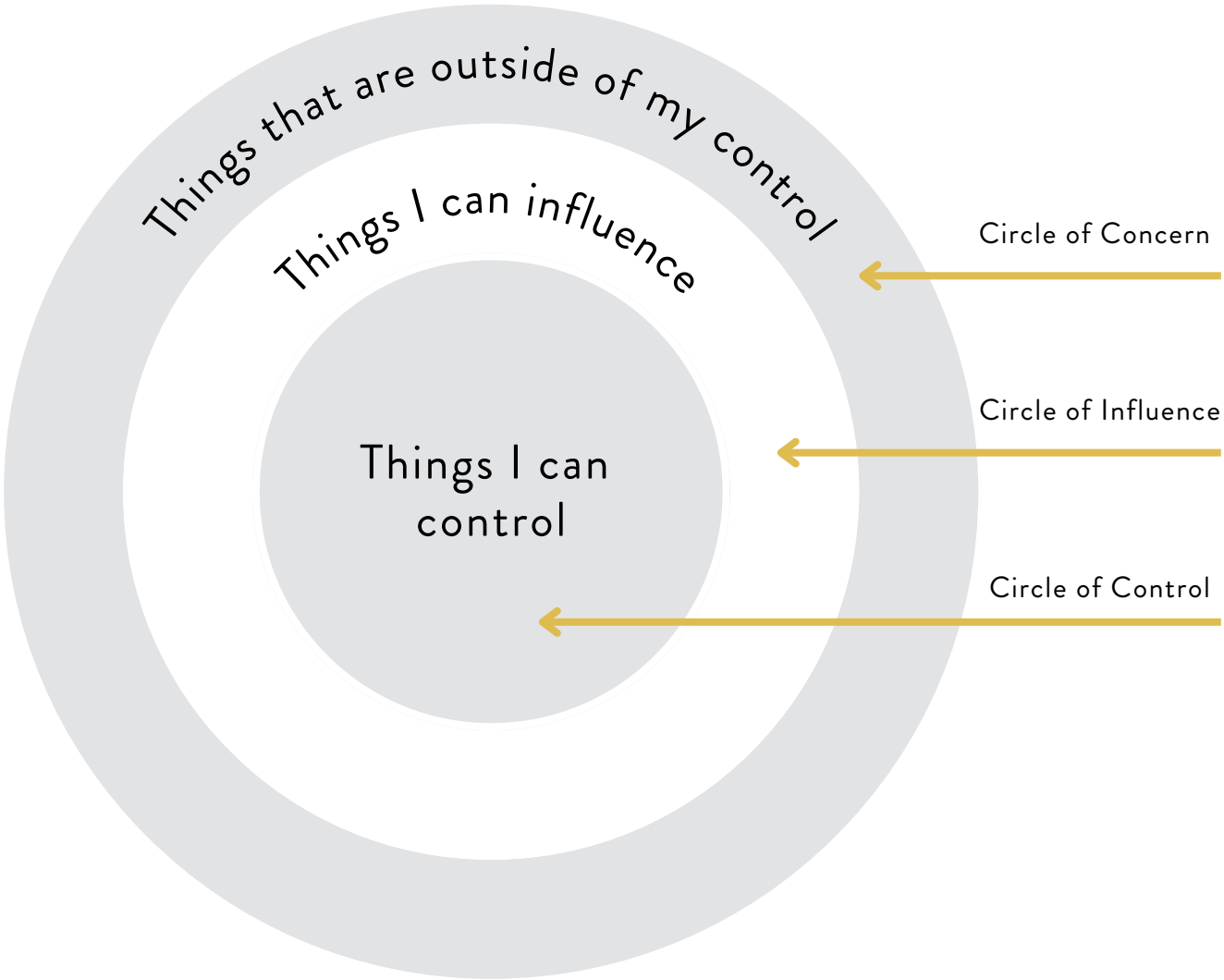
Circles of Control, Influence, and Concern



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Action Plan

1. Write down 3 specific actions you will put into practice for the items within your control.

2. What one action will you commit to today?

3. Choose one item you have influence over. Write out the steps you will take for that item. Include exactly when you will do each step.

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